

# things I can control

MY MANTRA FOR TODAY

3 THINGS I AM THANKFUL FOR TODAY

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ONE POST TO SHARE AND SERVE MY AUDIENCE

AUDIENCE(S)

ONE THING I AM LETTING GO OF TODAY

AN IDEA I'VE BEEN PONDERING TO EXPLORE :

3 FRIENDS I'M GOING TO REACH OUT TO AND SUPPORT

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I WAY I WILL INVEST IN MY LEARNING TODAY :

MY BIG 3 NEEDLE MOVERS TO GET RESULTS TODAY

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*One thing I love about myself today:*

*One fear I am replacing with truth today*